

## **Migrating Geese**

### Supplies and Homework

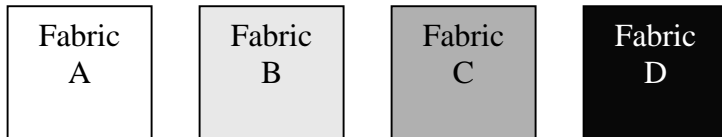
#### **Basic Sewing Supplies**

- Sewing Machine
- 50 wt. 2-ply long staple cotton thread to be used for piecing [Aurifil recommended, Available for purchase in class].
- Sewing Machine Needles 80/12 for piecing
- Scissors, Pins, Seam ripper
- .9MM ceramic lead mechanical pencil for quilting. [Sew-Line recommended. Available for purchase in class]
- 6" X 24" See through ruler with 30, 45 and 60-degree markings in both directions [Omni-Grid recommended]
- 4" x 14" or smaller See thru ruler with markings
- Rotary cutter with a sharp blade and a spare blade
- Cutting mat at least 24" on one side
- Pencil and paper for taking notes.
- Optional 1" x 6" ruler with ¼" markings. [Available for purchase in class]
- Optional Book and Patterns [Available for purchase in class]
- Optional small binder/folder to put hand-outs and notes in.

#### **Fabrics:**

Students will complete a series of exercises to make a small quilt.

Pick 1/2 yard of four fabrics ranging in value from light to dark. Give each fabric a letter A, B, C, D  
Make sure there is good contrast between values. It will be easier for learning.



- Use quality fabrics. Batiks are highly recommended for learning this technique because of their stability.
- Pick some fun fabrics you really like.
- The print on these fabrics should be fairly small. Solid fabrics or tone on tone prints are good to bring.
- Prewash and dry fabrics, Iron folded in half selvedge to selvedge. Do not use starch.
- To save class time, pre-cut and sew strips together as directed in homework.
- Go to [www.ritahutchens.com/Pages/Workshops.html](http://www.ritahutchens.com/Pages/Workshops.html) for supply list and complete homework directions and PFD file to print for the Migrating Geese Class.
- Most of all don't stress out about your fabric choices.

Go to my YouTube channel for a preview of some of these techniques and quilts made with them.

[www.youtube.com/user/RitaHutchens](http://www.youtube.com/user/RitaHutchens)

#### **Homework [please read carefully before you cut or sew]**

You will get more out of the class if you do a little pre-class homework. You will be way ahead if you do these simple steps. Use the fabric above for the homework.

Use a rotary cutter and ruler to cut required strips for each exercise from the full width of the fabric [apx. 42"]. When ironing seams open a few stitches at the ends of the seams are likely to come out when you are working with them. Use a small stitch [18-22 per inch, and good tension when sewing the strips together and this will not be a problem. Strips cut from different fabrics will be slightly different in length. Do not worry about making the ends even at this point. Work from one end and make them generally even. I prefer not to use pins unless I have to match up seams or ends. Without stretching, pulling or distorting, gently feed the strips through the sewing machine matching the edges. Sew your strips together using an even and consistent one-quarter inch seam allowance. Use a hot steam iron and iron seams open. It takes a little extra time but the work will lie flatter. It will be easier to iron seams open if you "set" the seam first and then iron it open. Be careful not to stretch your strips while you are ironing or you will get a strip set with a big curve in it.

**Migrating Geese**

Supplies and Homework

**Exercise One:**

Cut the following strips from each fabric:

Two 2-1/2" strips

Two 3-1/2" strips from each fabric

Sixteen Strips total

1. Follow the directions above for cutting, sewing and ironing strips together and sew strips into four different strip sets as shown below.

Fabric #A	
Fabric #B	3-1/2"
Fabric #A	2-1/2"
Fabric #B	3-1/2"

Fabric #B	2-1/2"
Fabric #C	3-1/2"
Fabric #B	2-1/2"
Fabric #C	3-1/2"

Fabric #C	2-1/2"
Fabric #D	3-1/2"
Fabric #C	2-1/2"
Fabric #D	3-1/2"

Fabric #D	2-1/2"
Fabric #A	3-1/2"
Fabric #D	2-1/2"
Fabric #A	3-1/2"

**Exercise Two:** [Your choice of two different fabrics]

Students will learn how to size geese and squares to fit into each other.

Cut: Two 1-1/2" Strips from fabric C

Two 2-1/2" Strips from fabric D

Sew strips together into one strip-set as shown below.



Cut: One 4-1/2" Strip from fabric A

One 5-1/2" Strip from fabric B

Sew strips together into one strip-set as shown below.

Fabric #1	4-1/2"
Fabric #2	5-1/2"